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Professor and Head, Zoology
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Founder & Chairman
Indian Association of Music Therapy
New Delhi, India

Member Secretary
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Achievements

Shikshak Shree Awardee (2015)
S. M. G. Gold Medallist (IAES, Haridwar)

Total Awards: 20, Training Courses: 33, Publications: 155, Research Projects: 5, Member of Editorial Boards: 11, eContent: 264, Organised Conferences: 26, Conferences/Workshops/Seminars: 189, State Government/University Committees: 22

Patents & Copyrights

Mechanism to control Music frequency for music therapy (No-202211058950)

Mechanism to control Music frequency without equipment and use it as music therapy (No-23499/2022-CO/L)

Health, Healthiness, Therapeutic, Medical, Fitness, Vitality, Wellness Value, Score, Index, Quotient, Rating for a piece of music, Composition, song, rap, chants, raga, mantra, ghazal (34296/2023-CO/L)

Key Research Published in Music Therapy

Impact of Music Therapy on Fetus and Mother by Sonography. Sumbul Zehra and **Dinesh C. Sharma**. Proceedings of EAP Int'l Conference held in Holiday Inn Istanbul City, Topkapi, Istanbul Turkey. 22-24 May-2023 : 26-30. <http://www.eares.org/siteadmin/upload/9205EAP0523220.pdf>

Impact assessment of nature sound on human health and well-being: A Review. Sumbul Zehra, Aditi and **Dinesh C. Sharma** (2023). J. Exp. Zool. India. 26(1): 353-357. DOI: <https://doi.org/10.51470/jez.2023.26.1.353>

A review of impact assessment of musical sounds in the context of physical behavioural and dietary aspects of fishes. Neetu Singh and **Dinesh C. Sharma** (2023). J. Exp. Zool. India. 26(1): 301-310. DOI: <https://doi.org/10.51470/jez.2023.26.1.301>.

Impact Assessment of music as CAM during foetation through ultrasound imaging. (2021). **Dinesh C. Sharma** and Sumbul Zehra. J. Exp. Zool. India. 24 (2):1829-1834, (<https://connectjournals.com/03895.2021.24.1829>)

Bio-musicology (Music Therapy): A new Era of Naturopathy. (2018). **Dinesh C. Sharma**. AICPE Human Kinetic. 10(1) : 15-19. (ISSN: 0976-6588).

Music Therapy: A boon for world public health system. (2014). **Dinesh C. Sharma**. Ind. J. Biol. Stud. Res.3(2): 71-82. (ISSN-2231-6922) Impact assessment of musical vibrations on lipid and hormonal parameters of Human volunteers and albino rats related with coronary artery diseases (CAD). (2013). **Dinesh C. Sharma** and Rajeev Sharma. *Int. J. of Music Therapy*. 2(1-2):19-24. (ISSN-2249-8664) (UGC Ref. No. 7176)

Music therapy research through the eye of Medical Science in cardiovascular disorders (CVD) and coronary care. (2011). **D. C. Sharma** and Rajeev Sharma *Int. J. of Music Therapy*. 1(1):49-55. (ISSN-2249-8664) (UGC Ref. No. 7176)

Music Therapy as a tool to control Cardiovascular and Neuroendocrine disorders in household women. **Dinesh C. Sharma**. Proceeding of National seminar on “Role of education in the protection of women safety and dignity. Held at K.M. Govt. Girls P. G. College, Badalpur, GB Nagar. 14-Feb 2015.26-33 (ISBN No.978-93-80216-06-5)

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