

# Online International Conference



## Music as a Complementary and Alternative Medicine: Bridging Science, Therapy & Sound



Organised by:

**Indian Association of Music Therapy, Delhi**

in collaboration with

**Dept. of Zoology, Km Mayawati Govt Girls P.G (Autonomous) College,  
Badalpur, G.B. Nagar, U.P., India**



**DATE: 10 MAY 2026 TIME: 05:00 PM - 10:00 PM IST (+5.30 GMT)**



### Conference Dignitaries



**PROF. POONAM TANDON**

Chief Guest  
VC, DDU Univerity,  
Gorakhpur



**PROF. ANITA RANI RATHORE**

Chief Patron  
Principal,  
KMMGGPGC, India



**MS. LESLIE OROZCO**

Keynote speaker  
Director,  
MT, Alverno College, USA



**DR. JASON ROSENBERG**

Guest speaker  
Music-Brain Health,  
San Diego, USA



**AMANDA LEE**

Guest speaker  
Music Therapist,  
Kaohsiung, Taiwan



**DR. CINDY LAI**

Guest speaker  
Trauma Therapist,  
Australia



**DR. VIJAY KUMAR BHATT**

Guest speaker  
Uttarakhand, India



**MS. NADIA IEMMOLA**

Guest speaker  
Musician & Composer,  
United Kingdom



**DR. SHAMHAVI DAS**

Guest speaker  
Music Therapist, TEDx  
Speaker, Gurugram



**PROF. DINESH C. SHARMA**

Professor & Head,  
Zoology, KMGGPGC;  
Chairperson, IAMT



**DR. NEETU SINGH**

Assistant Professor,  
KMGGPG College  
Badalpur



**MR. ABHISHEK JAISWAL**

Assistant Professor,  
KMGGPG College  
Badalpur



**MS. SUMBUL ZEHRA**

Convenor,  
SRF UGC-CSIR, CEO & Research Director, IAMT

### Organizing team



**MS. JYOTI SHARMA**

Convenor,  
RA DST-CURIE & Research Head, IAMT



**MS. HIMANSHI**

Organizing Secretary



**KM. JYOTI**

Organizing Secretary



**MS. AKANSHA TYAGI**

Organizing Secretary



**MS. SHAILLY KHARI**

Organizing Secretary



**MS. SAKSHI BHARDWAJ**

Organizing Secretary

# Programme Schedule

Time	Programme	Speaker/Resource Person
<b>Inaugural Session 05:00 PM – 07:00 PM IST</b>		
05:00–05:10 PM	Opening Remarks	<b>Miss. Jyoti Sharma</b> Convenor, RA DST-CURIE & Research Head, IAMT
05:10–05:12 PM	Saraswati Vandana	
05:12–05:15 PM	Welcome of Guests	
05:15–05:20 PM	Introduction of Conference	<b>Ms. Sumbul Zehra,</b> Convenor, SRF UGC-CSIR, CEO & Research Director, IAMT
05:21–05:35 PM	Is Music Really Safe?	<b>Dr. Cindy Lai</b> <b>Trauma Therapist, Somatic Practitioner, Australia</b>
05:35–05:45 PM	संगीत चिकित्सा में सांगीतिक तकनीक का प्रयोग / Use of Musical Techniques in Music Therapy	<b>Dr. Vijay Kumar Bhatt,</b> Uttarakhand, India
05:45–06:00 PM	Functional Music Therapy: An Integrative Model for Restoration of Core Self-Experiences	<b>Ms. Nadia Iemmola,</b> Holistic Health Practitioner, Musician & Composer, UK
06:00–06:10 PM	Raga-Based Rhythmic Mentation in Alzheimer's Rehabilitation	<b>Dr. Shambhavi Das,</b> Music Therapist, TEDx Speaker, Gurugram
06:10–06:20 PM	Music in Fish Production	<b>Dr. Neetu Singh</b> Assistant Professor, KMGGPGC, Badalpur
06:20–06:35 PM	Music Therapy as Bio-Musicology	<b>Prof. Dinesh Chandra Sharma</b> Professor & Head, Zoology, KMGGPGC; Chairperson, IAMT
06:35–06:45 PM	Chief Patron Address	<b>Prof. Anita Rani Rathore</b> Principal, KMGGPG College, Badalpur
06:45–06:58 PM	Chief Guest Address	<b>Prof. Poonam Tandon</b> Vice Chancellor, Deen Dayal Upadhyaya Gorakhpur University
06:58–07:00 PM	Vote of Thanks	<b>Miss. Sakshi Bhardwaj</b> Organizing Secretary
<b>Expert &amp; Technical Session 07:00 PM – 09:35 PM IST</b>		
07:00–07:10 PM	Music Therapy for Mental Health, Pregnancy, Hypertension and CVD	<b>Raksha Tripathi</b> Music teacher & Centre superintendent of Raagatech music
07:10–07:20 PM	Therapeutic Role of Music in Enhancing Yoga and Meditation Practices	<b>Hardeep Singh</b>
07:20–07:30 PM	Evaluation of Seed Germination in Response to Instrumental Classical Music	<b>K. Skanda Manogna</b>
07:30–07:45 PM	Negotiating Potential Space: Rebalancing Power Dynamics in a Cross-Cultural Music Therapy Group	<b>Ms. Amanda Lee,</b> Therapist, Kaohsiung, Taiwan
07:45–07:55 PM	Impact of Music on Cognitive Performance and Memory Retention	<b>Mansi Bhati</b>
07:55–08:05 PM	Music Therapy in Headache and Migraine Management	<b>Shruti Srivastava</b>
08:05–08:15 PM	Impact Assessment of Raag Ahir Bhairav on Psychological Status of Humans	<b>Mohan Godbole</b>
08:15–08:30 PM	Keynote Address: General Overview of Music Therapy	<b>Ms. Leslie Orozco Henry</b> Director, Dept. of Music Therapy, Alverno College, USA
08:30–08:45 PM	New Neuroscience Research and the Future of Music Therapy	<b>Dr. Jason Carl Rosenberg</b> Music-Brain Health, San Diego, USA
08:45–08:50 PM	Music, Stress and Hormonal Balance in Students	<b>Mr. Sanjeev Arora</b> Assistant Professor, GDC Arniya
08:50–09:00 PM	Music as a Complementary Therapeutic Modulator	<b>Km. Jyoti</b>
09:00–09:10 PM	Impact of Music on Cardiac Health: A Review	<b>Miss. Shailly Khari</b>
09:10–09:20 PM	Impact of Music Listening on Stress, Craving and Emotional Regulation among Individuals with Substance Addiction	<b>Sayari Bose</b>
09:20–09:30 PM	Music and Stress Hormones in Indian Context	<b>Mr. Sarvesh</b>
09:30–09:35 PM	Music Therapy as a Non-Pharmacological Intervention	<b>Miss Shweta Dutta</b>
<b>Valedictory Session 09:35 PM – 10:00 PM IST</b>		
09:35–09:45 PM	Conference Report Reading	<b>Miss. Sakshi Bhardwaj,</b> Organizing Secretary
09:45–09:55 PM	Final Remarks and Acknowledgements	Organizing Committee
09:55–10:00 PM	National Anthem	All Participants